

# **SAFETY AND YOUR RELATIONSHIP**

## **RELATIONSHIP RIGHTS – YOU HAVE THE RIGHT TO:**

- Express your opinions and have them respected
- Change your mind
- Say how money is earned, spent, and saved
- Not be physically, emotionally, or sexually abused

## **ARE YOU BEING ABUSED? ASK YOURSELF THESE QUESTIONS:**

- Are you frightened by your partner's temper?
- Are you afraid to disagree?
- Have you been hit, pushed, or had things thrown at you?
- Does your partner keep you from seeing friends and family?
- Does your partner put you down then tell you they love you?

**IF YOU ANSWERED YES, THERE IS CONFIDENTIAL HELP AVAILABLE.  
WE CARE ABOUT YOU AND WANT YOU TO BE SAFE!**

# CONFIDENTIAL HELP IS AVAILABLE

**You can call:**

The Washington State Domestic Violence Hotline at:

**V/TTY 1-800-562-6025**

When you call you can expect a caring, listening ear and a referral to talk with a confidential advocate at a local program near you.

The local program can help you with:

- Planning for your safety
- Emergency shelter and/or transitional housing
- Legal issues
- Finding a support group
- Welfare and/or CPS
- Immigration



*Washington State*  
Department of Social  
& Health Services

**YOU HAVE THE RIGHT TO BE SAFE!**

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